

# Southern Hills Triathlon

## Age Group Results

September 03, 2022

Results By Black Hills Timing Company

Men: [0-19](#) [20-29](#) [30-39](#) [40-49](#) [50-59](#) [60-69](#)

Women: [0-19](#) [20-29](#) [30-39](#) [40-49](#) [50-59](#)

[Top](#)

### Female 19 and Under

Overall				Swim		T1		Bike		T2		Run		Chip		Gun
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time	Time	Time	Time
1	16	Dana Weatherby	184	19	1	25:33.8	3:01.3	1	1:23:06.5	0:25.5	1	51:13.9	2:43:21.1	2:43:21.1		
2	21	Alexy Orr	188	19	2	28:45.6	3:51.1	2	1:24:00.7	0:00.7	2	58:11.0	2:54:49.2	2:54:49.2		
3	27	MacKenzie Demmel	39	19	3	39:15.5	3:34.7	3	1:30:41.9		3	1:20:41.0	3:34:01.8	3:34:01.8		

[Top](#)

### Female 20 to 29

Overall				Swim		T1		Bike		T2		Run		Chip		Gun
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time	Time	Time	Time
1	22	Alyssa Franke	43	21	2	40:25.8	4:14.9	3	1:28:48.4		1	51:39.7	3:04:38.1	3:04:38.1		
2	24	Jordan Washington	58	29	3	41:40.4	3:41.4	1	1:21:56.2	0:33.6	2	1:06:17.5	3:14:09.3	3:14:09.3		
3	25	Emma Nippe	54	24	1	33:17.9	3:34.8	2	1:27:01.8	3:55.6	3	1:16:34.5	3:24:24.8	3:24:24.8		

[Top](#)

### Female 30 to 39

Overall				Swim		T1		Bike		T2		Run		Chip		Gun
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time	Time	Time	Time
1	12	Kathleen Dykstra	40	37	1	30:55.3	2:06.4	1	1:12:05.9	0:03.6	1	48:50.1	2:34:01.5	2:34:01.5		

[Top](#)

### Female 40 to 49

Overall				Swim		T1		Bike		T2		Run		Chip		Gun
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time	Time	Time	Time

1	10	Nadia Patry	55	40	1	28:48.8	2:44.3	1	1:12:47.9		1	48:59.4	2:33:16.6	2:33:16.6
2	30	Sarah Demmel	38	44	2	45:31.8	3:34.0	2	1:41:19.1	0:45.5	2	1:15:53.6	3:47:04.1	3:47:04.1

[Top](#)

## Female 50 to 59

Overall			---- Swim ----				T1	---- Bike ----			T2	---- Run ----		Chip	Gun
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time	Time	
1	5	Marnie Walth	180	53	2	26:55.1	2:10.5	2	1:05:19.8		1	47:38.0	2:21:49.5	2:21:49.5	
2	6	Kathy Grady	46	56	1	25:40.1	2:15.0	1	1:05:18.2		2	49:54.2	2:22:51.2	2:22:51.2	

[Top](#)

## Male 19 and Under

Overall			---- Swim ----				T1	---- Bike ----			T2	---- Run ----		Chip	Gun
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time	Time	
1	20	Isaiah Horst	50	15	1	28:36.7	3:23.4	2	1:21:31.2	0:20.8	1	57:41.9	2:51:34.2	2:51:34.2	

[Top](#)

## Male 20 to 29

Overall			---- Swim ----				T1	---- Bike ----			T2	---- Run ----		Chip	Gun
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time	Time	
1	13	Thomas Defawe	183	20	1	22:55.7	2:43.8	2	1:19:08.6	0:43.0	1	48:59.5	2:34:30.7	2:34:30.7	
2	19	Jousha Weller	189	22	2	37:09.3	2:34.3	1	1:11:46.2		2	1:00:08.8	2:51:23.5	2:51:23.5	

[Top](#)

## Male 30 to 39

Overall			---- Swim ----				T1	---- Bike ----			T2	---- Run ----		Chip	Gun
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time	Time	
1	1	Brian Folts	42	35	1	22:10.3	1:37.4	1	57:07.1		1	38:16.5	1:59:04.4	1:59:04.4	
2	4	Anthony Schwan	57	38	2	26:02.1	1:58.8	2	1:05:16.2		2	48:29.1	2:21:32.9	2:21:32.9	

[Top](#)

## Male 40 to 49

Overall			---- Swim ----				T1	---- Bike ----			T2	---- Run ----		Chip	Gun
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time	Time	
1	11	Jesse Demmel	37	44	2	29:28.2	2:11.3	1	1:07:26.4	0:32.6	2	54:10.9	2:33:49.7	2:33:49.7	
2	15	Zach Lange	51	42	1	28:51.7	2:36.8	2	1:15:59.3		3	54:59.4	2:41:57.1	2:41:57.1	
3	18	Chris Robinson	56	41	3	34:04.6	3:17.0	3	1:19:18.2		1	53:48.2	2:50:19.5	2:50:19.5	
4	26	Joshua Nehring	196	44	4	52:31.1	3:12.6	4	1:27:51.2	1:47.2	4	1:03:06.1	3:28:28.3	3:28:28.3	

[Top](#)

## Male 50 to 59

Overall			---- Swim ----				T1	---- Bike ----			T2	---- Run ----		Chip	Gun
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time	Time	

1	2	Garth Wadsworth	175	54	1	21:16.6	1:58.6	1	57:42.9	1	41:20.0	2:02:12.6	2:02:12.6	
2	3	Kevin Mitchell	53	52	2	25:53.2	1:43.2	2	1:00:21.2	2	43:44.5	2:11:22.2	2:11:22.2	
3	7	Lance Bergeson	174	54	6	29:02.3	2:08.3	5	1:08:26.7	3	45:42.0	2:25:19.1	2:25:19.1	
4	9	Doug Jesse	178	55	4	27:03.9	2:33.9	4	1:07:10.0	0:38.3	4	50:37.6	2:28:03.8	2:28:03.8
5	14	B Willard	59	56	5	27:04.7	3:37.0	7	1:11:12.6	0:34.0	5	52:31.0	2:34:59.4	2:34:59.4
6	17	Brendt Hall	48	50	3	26:47.5	3:39.3	8	1:16:56.3		6	56:31.7	2:43:39.2	2:43:39.2
7	23	Peter Kinney	211	50	8	36:24.3	5:33.4	3	1:02:17.3		9	2:32:52.2	3:12:15.8	3:12:15.8
8	28	Darren Hall	49	55	7	34:19.8	3:52.3	9	1:27:59.8	1:32.9	7	1:35:03.6	3:42:48.7	3:42:48.7
9	29	Eric Medina	52	54	9	48:21.3	3:47.0	6	1:10:02.0	1:25.0	8	1:43:13.9	3:46:49.5	3:46:49.5

[Top](#)

## Male 60 to 69

Place	Overall Place	Name	Bib No	Age	----- Swim ----- Rnk	Time	T1 Time	----- Bike ----- Rnk	Time	T2 Time	----- Run ----- Rnk	Time	Chip Time	Gun Time
1	8	Brian Williams	60	60	1	25:20.8	2:18.9	1	1:05:34.6	0:01.0	1	53:41.1	2:26:56.6	2:26:56.6
2	31	Mark Wortman	61	69	3	45:24.1	3:45.3	3	1:43:47.7	0:11.6	2	1:21:39.9	3:54:48.8	3:54:48.8
3	32	David Brenner	35	65	2	44:06.8	6:54.5	2	1:39:28.3	1:22.5	3	1:46:12.7	4:18:05.0	4:18:05.0

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